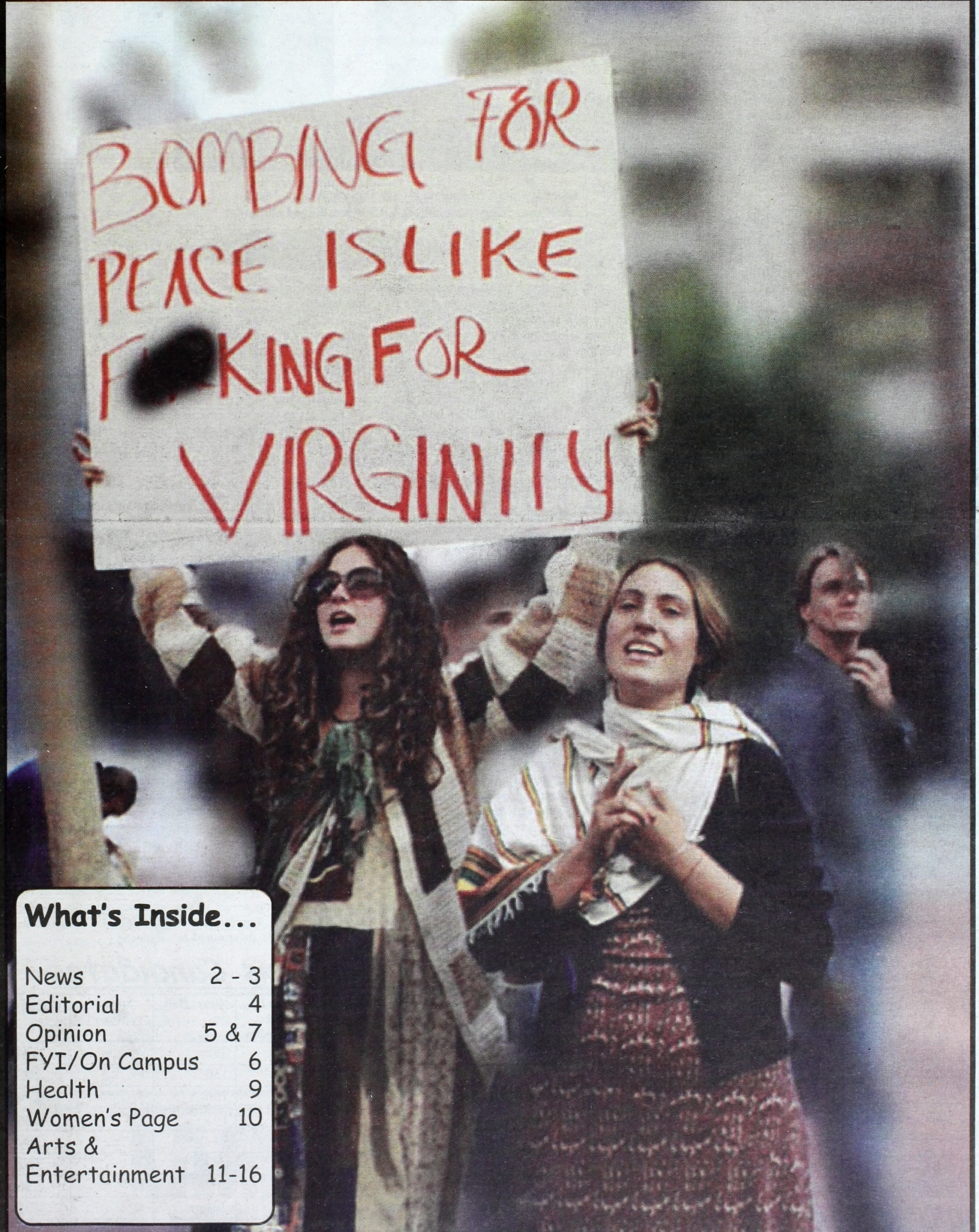


# LAMBDA

Laurentian University's Student Newspaper  
Le journal étudiant de l'Université Laurentienne  
Volume 41 - Issue 16 / Numéro 16

Remember, when someone annoys you, it takes 42 muscles in your face to frown. BUT, it only takes 4 muscles to extend your arm and smack the moron in the face!

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**SUPPORTING COMMUNIS... I MEAN COMMUNITY VALUES SINCE 1961**



# SGA Students Make Their Voices and Choices Heard ... Loud and Clear

by Mat Thompson  
Editor-In-Chief

On the evening of March 20<sup>th</sup>, 2003 a group of students stood outside the Student's General Association offices on the first floor of the Student Centre awaiting the final results of the SGA Elections. Some were there as part of the election, hoping to clean up on Student Street or Great Hall, others were there to support the elections and others were there to make sure the SGA was still going to be there for the students.

The 2003 Students' General Election was a strange and interesting battle that covered a lot of new ground for the SGA and the students involved. Many years have seen the elections ignored by the students not only at the polling stations, but also in the area of candidates. In the last seven years there has rarely been a year where all three of the Executive positions, or more as was the case this year, were actually contested by more than one student. Many times a position has been filled by only one student showing up for the position and becoming acclaimed, without any chance for students to vote.

This year, the amount of candidates was not an overwhelming one, but an interesting one to say the least. Although there were only two candidates for both the President and VP Services position, there were three for VP Issues and two for International Student Commissioner. The students had a choice this year, and with over seven hundred votes cast, they made their voices heard not only to the SGA, but to the candidates as well.

In an interesting turn this year, two candidates, Richard Paquette and Tom Billings joined forces to take a crack at the SGA Executive as a group or party. They joined their campaigns together and attacked the elections full throttle, speaking about issues that they felt were pertinent to the students here at Laurentian. Instead of the usual campaign promises of more concerts, more pub nights and lower tuition, they attacked Lambda, George Bush and Laurentian University as a whole.

In their campaign speeches and campaign literature they not only attacked Lambda for being "racist,

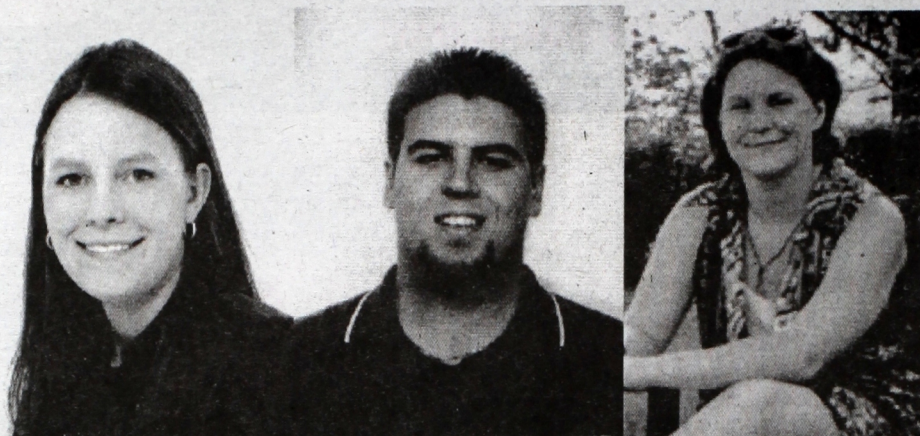
sexist and homophobic", but they also claimed in their speeches that Laurentian University and its students were racist.

In the end, both Paquette and Billings lost by pretty wide margins. Paquette lost by two hundred and ninety one votes while Billings came closer, only losing by fifty, yet only taking in two hundred and twenty four votes from a possible seven hundred. This was Tom Billings' second loss in an attempt to gain the position of VP Issues.

The race for International Students' Commissioner was also an interesting one as Yu Fang opted not to run bios, posters or any other material on her campaign, while Yang Zhichao joined with Paquette and Billings as the third member of their 'community' party. This part of the election garnered the least votes from students as many did not know what the International Students' Commissioner does, or will do for the SGA.

In the end, Zhichao won out, bringing the 'community party' its only seat on the SGA Executive Board. When students were asked who they voted for or supported in the elections for this position, many told Lambda they skipped the part altogether, or voted for Yu Fang in a show of counteraction against the 'community' party and their election politics.

The winner of the SGA Presidential seat went to Erika Mieto, a Sudbury native who entered the election and ran a student-friendly campaign, touring the residences and talking to the students about their concerns and issues instead of forcing issues on them. Her campaign was simple: vote for someone who cares about the students and has a history in involvement at Laurentian. Many



Your New SGA Executive; (l to r) President, Erika Mieto, VP Issues, Chas Anselmo, & VP Services Reye Lemke

thought it was too simple, but after cleaning up with just under five hundred votes of support, Erika will lead the SGA Executive for 2003-2004.

In past years, the SGA Elections have depended on the votes from Student Street (University College and Single Students' Residences) to bring in a majority of the votes, but this year was different. With only a little more than one hundred students voting, Student Street was barely a factor at all.

In past years, Student Street would mean a win or a loss for someone if they had the support of the residences, but the Off Campus students showed up like never before with well over five hundred students voting. It was here that not only Erika Mieto took an astounding lead, but it changed others' scores as well.

One factor that may have led to such a low turnout on Student Street and a high turnout for off campus was that both people up for the position of President were Off Campus students and there was no influx of candidates from the residences. In years past, the SGA Elections have looked more like a battle between UC and SSR, with both supporting their own candidates, but this year the residences were out of the running.

Anyone following the elections this year saw some strange changes and new additions to the elections. Not only was there a party running for election, but the election

rules seemed to bend and twist every few seconds.

The wrong date for submission of the nomination forms was given out, giving a few people an extra three days to complete and return them to the SGA Office. This impacted the vote for the position of VP Services as there was only one candidate at the end of the day on the Friday, but as of Monday, Reye Lemke was on the card and ended up winning the seat.

Another controversial turn was the choice of the SGA to let non-SGA members run for Executive positions. Although this has happened for the last two years, students were upset and outraged that someone that had never paid their SGA dues was even allowed to run for a position. When brought up to the SGA board, no motion was passed to stop any non-SGA candidates from running, but it has been rumored that they will pass an amendment this year to put a stop to it in further SGA Elections.

The only person who was non-SGA in the elections did not win his seat, relieving students of their worries of a complete non-SGA board in the future.

Many times throughout the elections, posters and campaign paraphernalia was not only destroyed, but moved into illegal areas to try to have other candidates fined or kicked out of the elections. Although there was a rule in the elections about slander, some candidates seemed determined to

ruin the others' campaigns.

One SGA election rule was that there was to be no internet or email campaigning. Quickly the SGA was notified of posters that contained "www.Vote4Erika.com" on them, but they were left up as the internet site was a fictional one, invented to get the students' attention. As for email campaigning, Tom Billings set up a Hotmail account for the sole purpose of the election, but since it was on one of his pamphlets and it was approved by the Chief Returning Officer of the election, the email was allowed.

Many students and groups, including Lambda Publications, were shocked at the extent that some candidates were allowed to go with their campaign promises and platforms. The SGA stood behind the candidates' rights, stating that it was their opinions that they were telling the students, but they did not support what was being said. Students were shocked at the stretch of freedom of speech that certain candidates took when attacking Lambda, the students and the school, but were relieved that the majority of Laurentian University students did not share the same opinions and ideas. This is where the students' voices were heard loud and clear. Candidates believed that they had the students' rights at the forefront of their election, when really the results showed them that they only had their own agendas in mind.

For any SGA election to be official, the election count must reach quorum, which consists of 25% or more of the SGA students showing up to vote, which was reached easily this year at the polls thanks largely to the Off Campus turnout. The final results from all polling stations is shown below for each candidate.

All in all, this year's SGA Elections were quite interesting. The race was a heated one and the students showed up to show their overwhelming support for the candidates and the election as a whole. This year has sparked many students' interest in the SGA and its elections while showing others that having the strongest campaign can still backfire when you forget who the elections were really for: the students!

## The 2003-2004 SGA General Elections Candidates

	Polling Station/ Candidate	Phys. Ed	Thorneloe	U of S	Huntington	Science II Caf. & Bowling Alley	Great Hall	Student Street	Total
President	Erika Mieto	26	13	29	23	59	250	94	494
	Richard Paquette	5	6	7	9	32	130	14	203
VP Issues	Chas Anselmo	10	5	3	13	42	166	35	274
	Tom Billings	7	7	4	12	32	143	19	224
	Scott Ravary	14	7	29	8	18	73	53	202
VP Services	Reye Lemke	17	9	14	15	62	202	33	352
	Dan Wilson	11	8	21	16	28	169	73	326
International Students' Commissioner	Zhichao Yang	12	15	23	18	56	224	58	401
	Fang Yu	17	3	7	13	31	152	43	266



## Protest Garners Negative Response From Student Body

by Matt Kent  
Staff Writer

"You're kidding...", "I've got a midterm, I don't need this!" and "You've got to be kidding me"; these are only a few of the things overheard on the bus to Laurentian the morning of March 5<sup>th</sup>. Why were there so many exasperated comments? Because traffic going to the university was backed up all the way to Paris street and a good distance beyond. The reason was that a protest was being held by the Sudbury Anti-War Mobilization to protest the actions of the Bush administration in their pursuit of war, a war that has since begun. A group of students restricted the flow of traffic to the university, stopping it completely for a period to get their message across. This reporter wasn't on the scene until 9:30 or so but the protesters had obviously been there for some time, the hope being that by arriving early, they would catch the science students and faculty.

The traffic backup was so extreme that some drivers turned around, feeling it more beneficial to stay home than waste gas as they waited. However, when an ambulance had to be re-routed, the Sudbury Regional Police were called in to have the protestors speed up the rate at which they were allowing vehicles through. The protest was perfectly legal, and the reason the police stepped in was because the protest was beginning to affect the general safety of the public. At one point the protestors were using obstructionist tactics, darting out in front of vehicles to prevent their passage. One protestor was supposedly clipped by a frustrated



driver, but when we tried to verify this information with security, they claimed it hadn't happened. But then the supposed victim told a Lambda staff member that she had been struck. In the end, we can neither confirm nor deny that any injuries were incurred during the protest.

The protest was followed by a rally in the Great Hall where the protestors, students and several speakers gathered to listen and voice their concerns. Comments such as "It's sad when it takes the stupidity of George Bush to get us together" were met with much applause. The speaker who offered the most passionate speech was Professor Robert Hoogendoorn, a sociology professor here at Laurentian. He has experienced firsthand the ravages of war. Prof. Hoogendoorn was alive during WWII, during which he experienced a bombing raid lead by the British. The raid was supposedly aimed at freeing his people, but it ended up destroying huge parts of his town. "War brutalizes and victimizes people" he said in his speech, trying to open our eyes to the

fact that regardless of how precise the American strikes may be, people will still be injured.

Doctor Woodsworth, President here at Laurentian had this to say regarding the protest and rally: "I feel that students should have the freedom to express their views. If they are aware of issues locally and around the world, and have the ability to be critical and to express their opinions, it shows that we have done a good job in educating them." There has been considerable opposition to the war for a number of reasons. One slogan seen around Laurentian was "drop fees, not bombs" implying that our university fees should be lowered, rather than wasting money on a military campaign. "The fees we charge have no relationship to federal funding or spending. Support for education comes from the province." said Dr. Woodsworth.

The goal of the protestors was to make their views known and this was accomplished rather effectively, if at the cost of their popularity with the student population. While there were a large number of people in the Great Hall during the rally, few seemed to be paying attention to the speakers. Also, when asked of their opinions of the protest, the general consensus among students was that it did not go over well. One student seemed to sum up the general student reaction when he commented, "Why are they protesting here? Laurentian isn't funding the military, nor do the students have any say over whether we go to war or not. Why do we have to suffer?"

## Laurentian University Nursing Student Chapter Wins Provincial Award

LU Press Release

Laurentian University's Canadian Nursing Students' Association (CNSA) chapter was recently honoured during the national CNSA Conference in Saskatoon, Saskatchewan. They were presented the CNSA Achievement award for the Ontario Region, a prize that Laurentian's CNSA chapter had yet to claim. Representing Laurentian University nursing students at the event were Irene Koutsoukis and Wilma Delongchamp.

This provincial award recognizes the excellent work undertaken by Laurentian University nursing students and CNSA chapter during the last year. They started the academic year by hosting the conference entitled "Healthcare:

Change, Challenge and Choice" with prominent guest speakers. In October, they held the Nursing Job Fair which was attended by 36 health organizations.

Several nursing students also represented the University at various conferences, workshops and events such as the CNSA provincial conference in Ottawa, the series of conferences hosted by the Northern Ontario Medical Education Corporation, the Registered Nurses of Ontario Association (RNAO) pediatric nursing interest group conference, the national CNSA conference in Saskatoon. LU nursing student Irene Koutsoukis was chosen as guest speaker representing the Northeastern Ontario Collaborative Nursing Program at a RNAO conference held in Toronto, in

October.

In early March, Laurentian's CNSA chapter hosted a student nurse leadership workshop that attracted the participation of students from Cambrian and Boréal Colleges. The Laurentian CNSA is also working towards the establishment of ties with collaborative partners in Timmins, Sault Ste. Marie and Cambrian College.

Laurentian's CNSA chapter, under the leadership of Irene Koutsoukis, met with Mr. Jim Gordon, Mayor of the City of Greater Sudbury, and City officials in an effort to establish closer ties to address and counter the migration of a large number of university trained nursing graduates from Northeastern Ontario.

## News Briefs

### Former Lady Vee Standout, Carol Hamilton Goodale, Succumbs to Cancer

It is with great sorrow that Laurentian University Athletics announces today that former Lady Vee great Carol Hamilton Goodale has lost her battle with cancer. Hamilton Goodale passed away at her home on Tuesday, March 4.

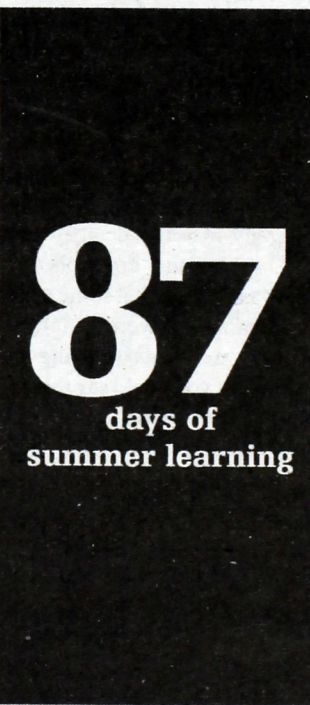
Carol's legacy here at Laurentian will live forever, as her accomplishments on and off the court made her a true Voyager. The late Peter Ennis once stated that, "Carol always had a burning desire to pursue and achieve her dreams. She turned setbacks into personal and team accomplishments."

Some of Carol's major accomplishments while a Lady Vee are as follows: Ontario All-Star from 1984-87, All Canadian from 1984-87, Nann Copp Award Winner 1984-85 (Outstanding Female Basketball Player in Canada), Laurentian University Athlete of the Year 1984-87, National Team Member 1985-90, and member of Canada's National Team which captured a bronze medal at the 1986 World Championships.

### Thorneloe Professor Explores Rural Women Organization

Dr. Margaret Kechnie, women's studies professor at Thorneloe University, recently published a book that sets the history of Federated Women's Institutes of Ontario into context in rural Ontario. Organizing Rural Women: The Federated Women's Institutes of Ontario, 1897-1919 documents this important women's organization and ties it to the urban reform movement of the late 19th and early 20th centuries. A reception and book launch to honour Dr. Margaret Kechnie will be held on Friday, March 14, at 3 p.m., in the foyer of Thorneloe University's Theatre. Everyone is invited.

Published by McGill-Queen's University Press, Organizing Rural Women looks at the history of the Federated Women's Institutes of Ontario from the time the first branch was formed at Stoney Creek in 1897 until federation in 1919. By placing the Women Institutes within the context of the country life movement emanating from the United States, Dr. Kechnie argues that Ontario farm women's attempts to organize should be viewed as part of the Department of Agriculture's efforts to revive the flagging fortunes of the Farmers' Institutes.



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## Circulation

Lambda Publications circulates 3,100 copies of Lambda on the Laurentian University Campus as well as throughout the Greater City of Sudbury. We thank the following businesses for permitting us to circulate our paper at their establishments and for supporting free student journalism:

The Black Cat &amp; Black Cat Too

Douglas Variety &amp; Video

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This Ain't the Only Café

Casey's Grillhouse

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Subway (Lasalle)

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Lambda Publications is the weekly student newspaper of, by and for the students of Laurentian University. Lambda is partially funded through a direct student levy by the members of the Students' General Association, yet remains autonomous from all university organizations, both student and administrative.

All questions, concerns and/or comments on Lambda Publications and its editorial policies should be directed to the Editor In Chief or any member of the Lambda Publications Executive or Editorial Staff.

Lambda Publications adheres to and follows the guidelines and rules laid out in the Constitution and Policy Manual of Lambda Publications. Both are readily available in the Lambda Office.

## Editor's Corner

*"The only thing necessary for the triumph of evil is for good men to do nothing."*

- Edmond Burke

*Note: Any use of offensive comments in this editorial are used to make a point and are not intended to promote any behavior or thoughts that could be deemed offensive to any groups. In other words, there is a point to this article... make sure you get it before you come crying to us!*

So the elections are over and the mud slinging can finally stop... or can it? The election seemed to turn from the usual SGA election to a full-out assault on Laurentian University and all its students, or at least those who don't support a supposed "community".

A lot of people came to me and asked me why we weren't trashing some of the candidates in our paper for all the stuff they were saying about us. You know the ones. "Lambda consistently publishes racist, sexist and homophobic material...", blah blah blah. What amazes me is the simplicity of the claims.

When you don't like something, let's say McDonald's fries, you tell people they are exactly the opposite of what they are supposed to be. If McDonald's had a slogan on their fries that stated, "The World's Best Fries", detractors would automatically claim that they aren't the world's best. It's simple. The thinking is already done for you. Say the opposite of what people say.

So what does this have to do with Lambda? Well, on this page at the bottom you will see a small section that says "Write To Us, But Remember..." If you look closely at this, it states that Lambda will not publish any material deemed to be "racist, sexist and homophobic." Funny, wasn't that what some people were claiming we were? Actually, wasn't that the exact wording they used? I guess you could say that they found their cause and were too damn lazy to actually think about it, or come up with their own way of attacking it. I simply call it "plagiaristic stupidity."

It was such a simple concept. Gain the support of the minorities on campus and join them all together to try to take on Lambda.

Too bad they have no real proof to back up their claims. Sure, a group looking for these things may be able to twist anything in the paper to look like one of these three claims, but an average, normal reader will not see this.

I could write an editorial about the fact that I think my mother's recipe for Oatmeal Chocolate Chip Cookies (mmm... chocolate) are better than anything you can buy in the grocery store, and anyone really trying could prove that this is a racist, sexist or homophobic comment. Just look.

**Racist:** The fact that I am claiming that my mother's cookies are better than any others is racist against all other brands of cookies, but can also be construed as a white supremacist comment. The use of oatmeal, which is depicted on the package as a 'Quaker' product, can be seen as my way of pushing my white, Quaker views on people, also placing the chocolate chips secondary in the recipe shows my deep-seeded views on the domination of oatmeal over chocolate... or white over black.

**Sexist:** The fact that I'm claiming that these cookies are 'my mother's recipe' is an obvious attempt to show that I feel that women should be kept in the kitchen, cooking for their men and satisfying them with their hard work. Obviously, I only see cooking as 'women's work' and that's why I call them 'My Mother's' and not a 'Family Recipe'.

**Homophobic:** Once again, instead of saying that I also have this recipe and can make them just as well as my mother, I only claim that they are my mother's due to my deep-seeded fears of people thinking just because I can bake a mean cookie, they will think I am gay. Using the term 'my mother's recipe' shows not only my misogynistic ways, but my forcing of the 'normal' family values of a mother and father, obviously detracting from gay and lesbian relationships and families.

See how easy it is! If you want to make something look bad,

all you have to do is put your blinders on and look only at that which you are trying to attack. Of course, you also have to close every part of your mind except that small little part that sees things as only you can...skewed.

So is Lambda racist, sexist or homophobic? Well, no one has ever come to us to tell us we are until this year and this group so far has not proven one point of their complaint. All they did was pass around a bunch of literature to try to gain support, and the next thing you know they try to make it an issue in the elections. It's a good thing that most of the people who voted in the elections like Lambda or supported student journalism.

Now, one of my favorite parts is the claim that we are not only racist, sexist and homophobic, but that we are "consistently" these things. Anyone know the definition of "consistent"? Well, basically what they are saying is that every time Lambda comes out we print articles that are all three of these things. So that means that every article in this paper for the last year (I won't go back more than a year since one of the complainants has only been at this school for a year) has been offensive. Wow... that's news to me.

I guess that means that any movie review, CD review, news story, editorial, opinion piece, FYI, advertisement and everything else we have put in here is offensive under one of the three complaints. Really? What's it like to live in a world where everyone is against you and everything is bad? Maybe a little Prozac will help you calm down a little and see things a little more clearly (this last statement is in no way meant to make fun of anyone who uses this or any drugs like it).

So back to the original question: why didn't Lambda fight back? It's easy. There is no such thing as bad press — unless you get your ass handed to you in the elections — and we figured that fighting back during the elections would just give a certain "community" more publicity. Sure,



we could have let a lot more people see just how stupid their claims were, but why stoop to their level? All we had to do was wait until the end of the elections and trash them here on the editorial pages...but we really didn't have to.

When the election results came in I felt bad. I felt bad that they weren't near me so I could laugh in their faces. More than 70% of the students who voted basically told them to take that rolled up Lambda they had and shove it with their offensive campaign posters, literature, speeches and demands exactly where it should be... in the trash (and you thought I was going to say up your ass... how offensive).

You can say all you want about us, but when you don't know what you are talking about, the majority of the people out there will see it. Just look at the election results. I don't just see it as students voting for or against the candidates, I see it as students letting people know their opinion on the so-called issues of the day. And since Lambda was made into an issue, the students voted and told you one basic thing: they like us. They really, really like us!

So, climb back under that rock you crawled out from under. You underestimated the students of Laurentian University. They don't need you to tell them what they think. They can think for themselves...

Mat Thompson  
Editor-In-Chief

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## Write to Us, But Remember...

All submissions become the property of Lambda Publications and thus will be subject to editing. All submissions must bear the writer's FULL NAME and STUDENT ID NUMBER. Submissions WILL NOT be considered for publication without this information under the rules of the Lambda Publications Constitution and Policy Manual.

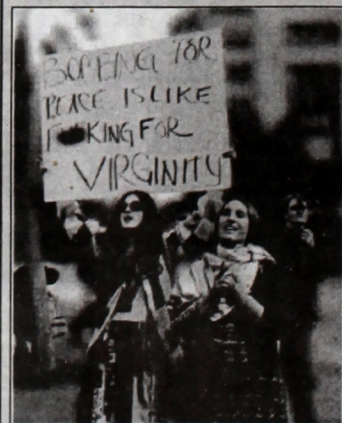
Letters to the Editor must be no longer than 250 words in length. Lambda reserves the right to edit content considered sexist, racist, homophobic, heterosexual or for length and/or grammar.

Letters of harassing or slanderous manner will be passed to and dealt with by the proper authorities.

## Emailed Submissions

If you are emailing a submission to Lambda for possible publication, please ensure that the article is saved as a WORD or TEXT file as we can only transfer these types of files. Please send all emailed submissions to the General Email address listed on this page.

Volume 41 - Issue 12



Cover Design:  
Yes, It Does Say Fuck!



## Introduction to Homophobia

By D. Cudney  
Pride@LU

When it comes time to select a thesis topic, often you receive a lot of input from friends, professors etc. One of my options was to replicate a study done at Ryerson in TO a few years back dealing with homophobia on campus in terms of such generated from students and also that of faculty and curriculum. I chose an unrelated topic and am now feeling that this may have been premature.

"Intro to anything" classes often have more than one hundred students. I was necessarily dismayed to learn that one faculty member chose to omit from the "intro" curriculum the section of the text that dealt with queer issues. Second, I

was shocked to learn that students' questions regarding queer issues were not answered during the teaching of the course segment on sexuality. The professor assured one student that gay and lesbian issues were not part of "sexuality".

Talk about setting the tone. First year students arrive at this campus from all over the country. Students start by taking introductory classes that begin to challenge preconceived ideas. This is an important feature and stage of learning. In this case, however, they receive support for existing homophobic notions of 'normal' sexuality by exclusion and absencing of specific material designed to inform and enlighten students of gay,

lesbian, bisexual and transgendered issues. I have not even begun to address the violence of this action on the GLBT students in that particular classroom!

So I just wanted to say to all professors who, by exclusion or other means, hurt both straight and queer students with your misinformed choices, who occupy these offices of higher learning, who's views are presumed to be enlightened...THANKS FOR THE MESS. WE'LL DO THE BEST WE CAN TO CLEAN IT UP AND DO DAMAGE CONTROL WHILE MANAGING OUR STUDIES ON THE SIDE!!! OK?!!

## It's Hard to Care in March

by The Phantom  
Contributor

With March winding down and projects piling up, it's hard to really give a shit about classes and what has to be done. Our professors give us more and more to do, forgetting that we, the students who pay their wages, may have other classes and other projects to do.

I know a lot of the professors will tell us if "If you can't handle it, why are you here", but they have to realize that we are humans and only so much can be done by one person. I, right now, have three major projects to write, an in-class exam and four other exams that are all to be done within the next four weeks. I have been working on these things as much as I can, but it is hard to make your entire life revolve around busting your ass to get a passing grade. Is it really worth it?

If you look at it, do you think that killing yourself to write a major essay or project for weeks on end, then cramming all night for weeks to pass an exam that may not ever have anything to do with your life is really worth it? I don't mind doing it as I want a better life, but with so many classes and so many professors wanting more and more, I almost just want to go live in the

woods for a while and get away from everything.

My parents keep telling me that I should enjoy myself before I have to enter the real world, but my professors tell me that this is the real world and I have to work my ass off to get anywhere. I try to enjoy myself, but it's hard when all I can think about is my next class, project or exam.

People need a break once in a while, but do we ever get one? We did have spring break, but most professors had projects and essays due the day we came back, forcing us to do work on our break. It's funny, we call it spring break when they refer to it as study break. We don't want to study, we just want a break.

I have seen many people come and go from my classes and some have never returned again. Maybe they cracked under the pressure, or they figured out an easier way, or some just didn't give a shit anymore. I used to care about my schooling. I used to think that all I wanted was my university degree and a better life, but it now seems like my university degree is coming at the expense of my life. Choose one; life or degree because

you can't have both.

I know when we go off into the real world we will have projects and reports due in our jobs, but at least we will only have one job and only one or two things due, not five or six. School is like having six or seven part time jobs where everything has to be done until you crack under the pressure and take out a classroom with a semi-automatic rifle. Don't worry, I won't go postal, but I have thought about an interesting way to snap for months now.

I know professors don't care about anything but getting here, getting paid and getting drunk, but maybe they should try to care about their students. I know you have things you want done, but please remember that we are taking more than just your class. You guys teach maybe two or three classes a week and we have at least five or six. Your project cannot always be top priority. We may not have lives because of our degrees, but we would like to have one for even two minutes a day.

It's March and I really don't care anymore. The worst part about it is I know my professors don't either.

The Opinions and Letters published on these pages are the thoughts, views and opinions of the writer and do not reflect the views and opinions of the Staff of Lambda Publications.

## A Space for Rant... Letters to the Editor

Dear Lambda,

I don't know if you are going to cover this, but I was pretty pissed off when I tried to come to school last week and a group of Laurentian students decided to make me late for class by protesting a war that Canada isn't even in. Maybe I missed the point, but why would you make hundreds of students late for class to try to gain their support for a rally later. I was at the rally, but only because they had a good lunch special in the Great Hall and I needed somewhere to eat it. What a bunch of crap that was. 'Drop Fees, Not Bombs'? Are the two really even connected? I had no idea the Laurentian Administration were in charge of bombing raids overseas? I hope you can print this so they can see exactly why no one turned out except their friends. We are here to get an education, not to stop one.

Pissed Off

*Editor's Response:* My only response to this is if you aren't the type to protest something, you will never understand that type of thinking. Nothing against protestors, but it's a completely different mind-set that is lost on most of the population. There's being passionate about something, and there's making students late for class to make a spectacle... there is a difference!

Dear Lambda,

I will never read you guys again! After reading that you guys were racist I immediately burned every copy of Lambda that I ever read in protest. I can't believe you guys are so racist and you are still allowed to print. Remember when you wrote... ummm... I can't really think of one instance when you wrote something racist, but it must be there. There were people telling me that you were. They must have been right. Everyone knows you guys go out of your way to be racist every chance you get! Just kidding. Forget those (explicit remark edited out) and keep doing what you do. You guys are better than any other paper I have read. Screw 'em!

Lambda-holic

*Editor's Response:* You forgot that we're homophobic and sexist as well. Look closer... it has to be there!?!

Dear Lambda,

Congrats on the phone call from Blender! I never thought they would even know about it, but if I know you guys you probably sent them 100 copies. Maybe in a few years we will open Blender and see some of your names in the magazine. Keep up the good work!

Ed Vedder

*Editor's Response:* Taking over Blender is only the first part of my master plan to become the biggest publishing mogul ever. First Blender, then Harlequin, then those Choose Your Own Adventure people... then the world is mine!!!

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## Performances of Handel's Oratorio to Feature Vocal Soloists and Huntington Choir

Event: Handel's SAMSON  
 Artists: Huntington University Choir and Friends, Ian Sadler, Organist  
 Venue: Sainte-Anne-des-pins, 14 Beech Street  
 Date: Thursday and Friday, March 27 and 28, 2003  
 Time: 7:30 p.m.  
 Tickets: General Admission, \$12; Students and Seniors, \$10. Available at Black Cat Too! and The Guitar Clinic

Huntington Concert Series will present their final concerts of the season at Sainte-Annes-des-pins Roman Catholic Church on Thursday, March 27, and Friday, March 28, at 7:30 p.m., with two performances of Handel's oratorio "Samson." Handel's musical score brings to life the Biblical story of Samson with all of the dramatic betrayal, revenge, and ultimate tragic triumph of the heroic figure.

The presentation will feature four highly regarded vocal soloists with over 50 voices in the choir of the Huntington University Choir and Friends. Ian Sadler will provide the organ accompaniment, assisted by Richard Sandals and David Marlatt playing piccolo trumpets.

The title role of "Samson" will be sung by Toronto tenor Lenard Whiting. Whiting has sung with the Canadian Opera Company and the Vancouver Opera Company. This year, he performed Austria, Australia, and Japan and had a busy season in Canada. Bass-baritone Martin Elliott from Chichester, England, will sing the role of Manoah, the father of Samson. Elliott has appeared in at least five Canadian presentations this season, as well as many performances in England, Australia and New Zealand.

The female roles of Delilah and Micah will be sung by Victoria soprano Sue Doman and Toronto mezzo-soprano Jo-Anne Bentley. Doman is a versatile and accomplished soloist who is able to span the unusual gaps between jazz, classical, and musical theatre. She has released two solo CD's and recently completed a run of "I Do! I Do" in Victoria. Jo-Anne Bentley, a music professor at the University of Toronto, has performed on several occasions in Sudbury and never failed to please the audience with her sensitive interpretations. In June, she will begin filming "Come into the Parlour," a 13-episode series of music of the 19th century for Bravo and Vision TV.

The accompanying musicians are no less stellar. Ian Sadler is one of Canada's finest organists and for the last four seasons has held the honorary position as Adjunct Professor at Huntington University. Principal trumpet for the concert, Richard Sandals, holds the esteemed position as Principal Trumpet with the National Ballet of Canada Orchestra.

Conductor Robert Hall, music professor at Huntington University, will direct the concert. The Huntington Choir will be supplemented with singers from the Sudbury community who have been practicing the exciting Handel score since September.

## STUDENTS OFFERED \$345,000 IN CASH AND AWARDS FOR SHARING VISIONS ON IMPROVED CANADA

**Top Prize of \$70,000 to be Awarded to National Winner**

Toronto, ON (March 5, 2003) — The As Prime Minister Awards announced today that it is again challenging students to present innovative ideas and solutions for charting the future course for Canada. The Magna for Canada Scholarship Fund will award more than \$345,000 in cash prizes and internships with Magna International Inc., Canada's largest supplier of automotive systems and components.

This year the As Prime Minister Awards program calls upon full-time undergraduate or graduate students from colleges, universities, or CEGEPs across Canada to prepare an essay answering the question:

"If you were the Prime Minister of Canada, what political vision would you offer to improve our living standards and ensure a secure and prosperous global community?"

Now in its ninth year, the program has grown consistently in popularity year over year; over 800 students from across the country participated in the 2002 program.

All entries are judged on the merit of innovative and workable solutions. From the entries, 50 semi-finalists are chosen and invited to present their essays before a distinguished panel of judges. From the 50, 10 finalists and an overall national winner are selected based upon their ability to express new, solution-driven ideas.

The deadline for essays is June 6, 2003. Program details are available through [www.asprimeminister.com](http://www.asprimeminister.com) or by calling 1-866-AS-THE-PM.

All winning student essays are published in a special book entitled @stake "As Prime Minister, I Would..."

The Magna for Canada Scholarship Fund was established in 1995 by Magna International Inc., to empower students to express their solutions for building a better Canada. \$1,000,000 has been placed in a charitable trust on behalf of the scholarship fund. The program is also sponsored by The Fair Enterprise Institute, a non-partisan and non-profit organization founded to provoke dialogue and debate and propose innovative solutions to improve the living standards of Canadians.

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## The L.U Women's Centre

The Laurentian University Women's Centre located in L- 221 (next to the bookstore) offers both students and staff (men and women) free condoms (both male and female), lube, and pamphlets (if there aren't condoms in the box outside the centre just ask inside) a resource library, information and referrals, film presentations, workshops, seminars and various other events throughout the year, free coffee and tea, bilingual services as well as a safe place for women to seek solutions and make informed choices. The Women's Centre also offers a Women Only Space where women can read, chat, have coffee or just hang out in their spare time.

The Centre is run by a group of volunteers who have equal voices in decision making. Any woman who is part of the Laurentian community may volunteer at the Centre and become a member of our collective (our decision making body). Collective meeting are open to all women so we encourage you come out and voice your opinions. There are various ways to become involved with the Centre such as becoming a volunteer, becoming a Collective Member, attending our events, or dropping by the Centre to utilize our services.

Finally, the Centre is governed by a philosophy that recognizes that social and institutional discrimination against women still exists in our society. We work towards educating and creating awareness about women's issues. We believe that as women we know what is best for us. Moreover, we are a pro-choice organization which means that we believe that women have the ability, knowledge and right to make their own decisions. Lastly, we welcome both women and men to use our resources and participate in our events.

**POST YOU FYI HERE**  
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## My Two Cents... And Then Some!

by Hugh Panelas  
Entertainment Editor

As I sat down to type this piece out I figured that it was just simply going to be another opinion, another voice of a Lambda Publication staff member commenting on this year's SGA Elections. What caught me by surprise is all of the ideas and past experiences that flooded my mind in my past 4 years here at Laurentian University. Some of them are good and some of them bad. I guess what has been said about this newspaper and its staff has affected me more than I could have ever imagined.

But since it was the SGA Elections that provoked me to write this opinion piece, I shall begin there. To start with, I cannot believe the amount of students that didn't vote. I guess along with student journalism, the idea of a student government is all but dead. Every day this past year, whether it is in class, in Rez, in Student Street or even in the Pub, I have heard people complain and come up with their own ideas about what the SGA and their Executive should be doing. But that's all that it is: ideas. Ideas that never had a chance of becoming reality because no one made an effort to make their ideas heard. Many people this year have been outright demanding — to the wrong people of course, just what the SGA does? All you have to do is walk into the office and ask. Ask about what is going on, suggest your ideas. After all, it is the SGA members that pay the salaries and the rent subsidy, but the best way to have your voice heard is to vote. And that is something that very few people did this year.

The candidates this year certainly made their voices heard. Of course there were the few that didn't really know why they were running for a position. Once again there were promises of "ideas" and "changes" but these candidates never ever told a soul what these consisted of. If you look at the results, you can see which people these were. There also were two candidates that had some ideas and they did a great job of getting these ideas out to the student body. The only problem is that these ideas were based on a fountain of misinformation. What really kills me here is that the drink

of knowledge is located in the exact office that these two were trying to occupy.

I must take this opportunity to thank the 494 people that didn't buy into a long list of misleading campaign promises that were based entirely on lies. I also must thank the total of 476 people that didn't fall into the trap of the running mate. What these two candidates were proposing never fell on the desk of this publication. What they were telling you in your classes, at your cafeteria and on their flyers was something that this paper and its staff are simply not. We are small staff yes, but that's not because of any racist, sexist or homophobic ideals. Lambda Publications works on a volunteer system. If you want to write for Lambda all you have to do is that: sit down and write something. As long as it doesn't violate any publication laws and is appropriate to publish it will get in, it's that simple. Are you interested in becoming an Editor? All you have to do is become a staff writer. Three articles and a show of dedication to the publication will get you into an Editor's position. How do you think I became involved?

Four years ago while working in the Pub, I spoke to a DJ, a DJ named Mat Thompson. Someone had told me that he was a wrestling fan and so was I. Being a co-worker and a fellow sports entertainment fan, we hit it off and I volunteered to write a weekly wrestling article. The following year I began writing movie reviews and finding websites on DVDs and Movie Errors. Once I proved my interest in Lambda Publications I got nominated for the position of Entertainment Editor. It was in my third year that the position became available and became mine. It was that easy. And the staff this year has made it even easier to obtain these positions. It is totally up to the individual to obtain a position on Lambda Publications' Editorial Staff. Let me simplify it even further. Write and get published in 3 consecutive issues and you become a Staff Writer. Once you obtain that status all you have to do is prove that you are serious about contributing to Lambda, prove that you aren't just padding your resume and an Editorial Position could be yours.

Unless you walk through those doors with 3 articles there is no one to blame but yourselves. Don't look at Lambda and its staff and suggest that is the system that is at fault.

Look at it this way. John Livingstone, SGA VP Issues was extremely limited to what he could do this year. People have suggested that it is because he didn't want to do anything, but after talking to him and getting an understanding about what his job entails I quickly realized that he can only do so much without anyone coming to him with their issues and things that they want to see resolved. Hmmm, did I not mention that a few paragraphs ago? Remember that part about unrealized ideas? People can't force you to make your voice heard; you have to do that on your own.

What many people don't know about this campaign that was launched, the campaign against Lambda Publications and its staff, was that it was done behind our backs. Our office is open to anyone and everyone. Anyone can walk through the doors and see our constitution. Anyone can walk through those doors and inquire about our rules and how we operate. Lambda Publication's staff has no problems talking about and explaining the inner parts of this business. These two candidates never inquired and never asked any of the staff about anything. None of them brought their concerns to our office, none of them even made an effort to contact anyone in the office either. What they fabricated was a fancy election campaign that most of the voters saw right through.

An interesting point here is that if you look at the Electoral Edition of Lambda you'll see all of the candidates' biographies. In each bio you can read the outline of what each person's platform is. If you read all of the bios carefully you'll notice that no one had anything about this "evil" Lambda Publications that the two candidates were talking about in your classes and on their handouts. Now to respond to what you are all thinking, "Why would they attack Lambda in their bios? You never would have printed it and you would have responded to it." While it is reasonable to think that you also must be told the facts. In the Lambda Publications'

constitution it states that the newspaper will aid the SGA and their candidates in the electoral procedure. We are required to run the bios and we also are required to remain neutral in the pages of the newspaper during the election.

What happened was our office got two bios telling everyone that they wanted to help out the publication and that they had ideas of how to do so. Then in all of their literature and in their speeches they fabricated a story, a story that is libellous in nature and a story with no evidence or fact in sight. They made the claims that they did but did anyone ever see any proof or reason that these two felt that way? I know I sure didn't. They made the claims and never ever once backed it up. Their idea of helping out Lambda Publications was first to destroy the reputation of the business, to ruin the lives of the staff by attaching hateful

ideals to their names and to overthrow the publication so that they could hope to run it their way. Sounds like good business to some out there right? There's one major problem with that. Lambda Publications is completely autonomous from any part of Laurentian University and from any student government. So, even if they would have won the election, these people had no means to follow through on what they were promising. It was all a big fabrication in order to win an election. Once again, I would like to credit those that saw through it and saw that there was no basis for what they were saying. I thank you for not succumbing to their lies and for realizing that not once did anyone associated with their campaign once tried to offer any proof of what their claims were.

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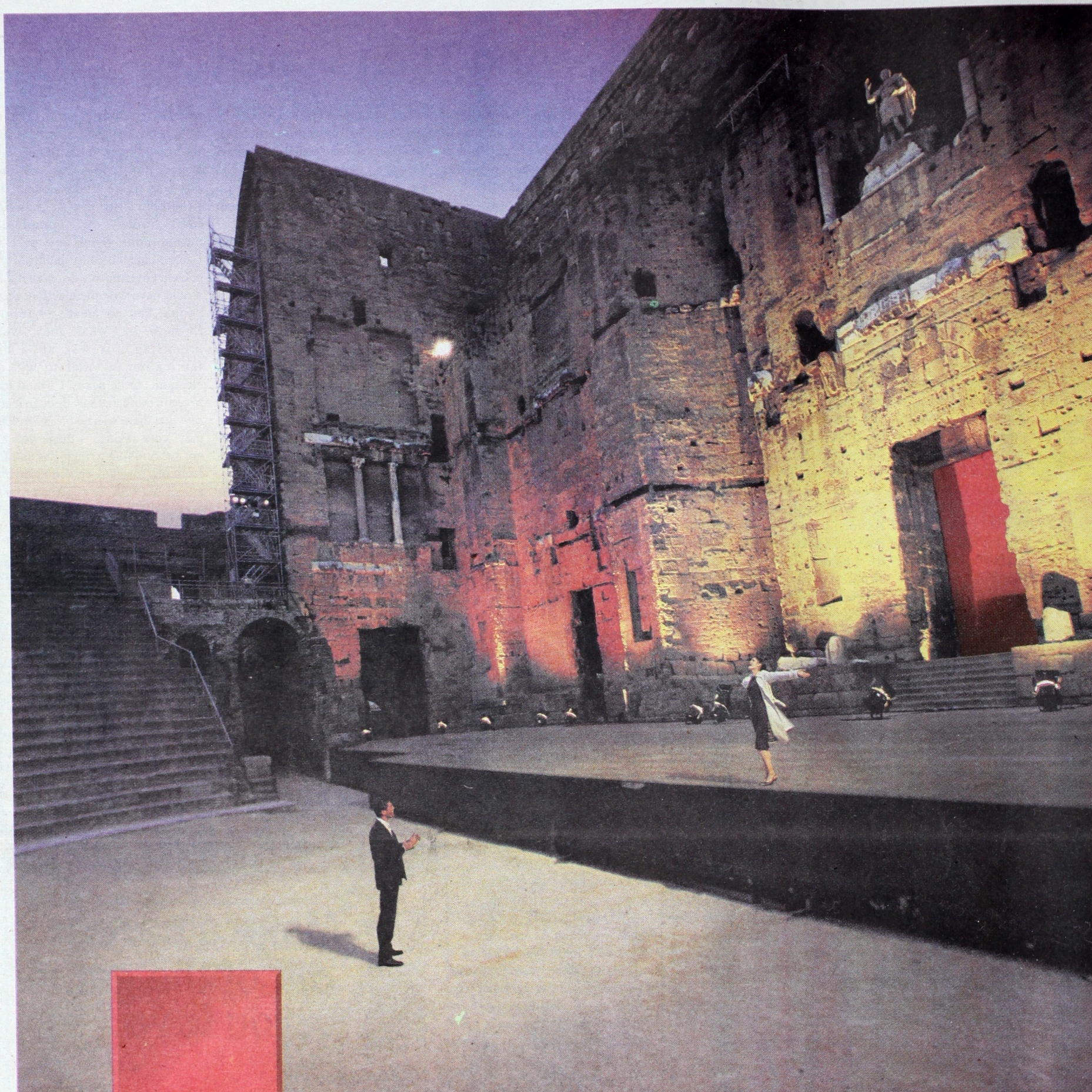
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## World's Overweight / Obese Estimated at 1.7 Billion

by Patricia Reaney  
Yahoo! News

Medical experts called for a new assessment of how weight-related health risks in Asians are measured which could push up the number of overweight and obese people worldwide to 1.7 billion.

The new figure, which would be 50 percent higher than current estimate—is based on recommendations to lower the threshold for Asians because of their special vulnerability to weight-related disorders.

Professor Philip James, the chairman of the London-based International Obesity TaskForce (IOTF), said the global standard for measuring overweight/obesity, the Body Mass Index (BMI), is based on western criteria and needs to be adjusted for Asians.

"The point of reducing the values is that it will be an altering point which you give to both the public and doctors," James said in an interview.

BMI is calculated by dividing weight in kilograms by height in meters squared. In the west a BMI of 23-24 is normal.

Health experts have suggested a lower BMI scale for Asians because of evidence showing their risk of obesity-related diseases such as high blood pressure, abnormal cholesterol and developing diabetes rises if their BMI is more than 23.

By lowering the threshold doctors will become aware of potential risks and will be more

likely to advise patients to take measures to reduce their weight.

"There is a wide spectrum of risk factors related to obesity, which when viewed as a whole, have a tremendous impact on health," said James.

Obesity is caused by the body's inability to balance energy intake and energy expenditure. People eat too much and do not exercise enough.

A BMI of more than 30 indicates obesity but where the excess fat is accumulating is also important. Abdominal obesity, the accumulation of fat in the stomach area, is a problem in Asia and poses more health risks than fat in the thighs and legs.

So an individual can be quite compact but still suffer the weight-related health risks if all of the fat is centered on the abdomen, the classic pot belly.

"The problem of abdominal obesity seems to be particularly marked in Asia. In other words you can be relatively, modestly plump but you selectively accumulate the fat in the abdomen," James explained. "When it is there it amplifies the risk."

James and members of a World Health Organization expert group are calling for the WHO to do a formal assessment of how the criteria work in different societies. Lowering the benchmark would add another half billion to current

estimates of the world's overweight population.

James warned that the impact on health of the escalating obesity epidemic could overtake that of tobacco. Obesity is linked to an increased risk of suffering heart disease, diabetes, certain cancers and psychological problems.

"It is clear that extreme forms of obesity are rising even faster than the overall epidemic and we are witnessing a real health tragedy unfolding," he said.

Check  
YahooNews/Health  
for more

### Test Your Physical Fitness Level

For the second year in a row, 3rd year Laurentian University human kinetics students are offering a physical fitness testing clinic. Until April 11, the public can benefit from their expertise.

This physical evaluation service is offered by Laurentian students currently taking the Exercise Program II course where they studied the effects of exercises on the cardiovascular and muscular systems. They are now able to apply this knowledge and assess the various considerations of physical fitness. By offering this service, the students will receive the training required to recommend a physical activity program to those people tested.

During the fitness testing sessions, students will measure the body composition, which includes the percentage of body fat. This calculation is done by using skinfold measurements and by underwater weighing.

It will also be possible to determine aerobic power through the VO2 max test, which calculates the effectiveness of the oxygen transport by the cardiovascular system and the oxygen utilization by the muscle. There are various types of tests such as the maximum and sub-maximum procedures, which are taken on a treadmill, an ergocycle or on stairs.

As well, the students will calculate the anaerobic power and capacity by measuring short and intense efforts. This measurement will require vertical jump and short sprints on stairs and/or on the ergocycle. Measurements of muscular strength, endurance and flexibility will also be taken.

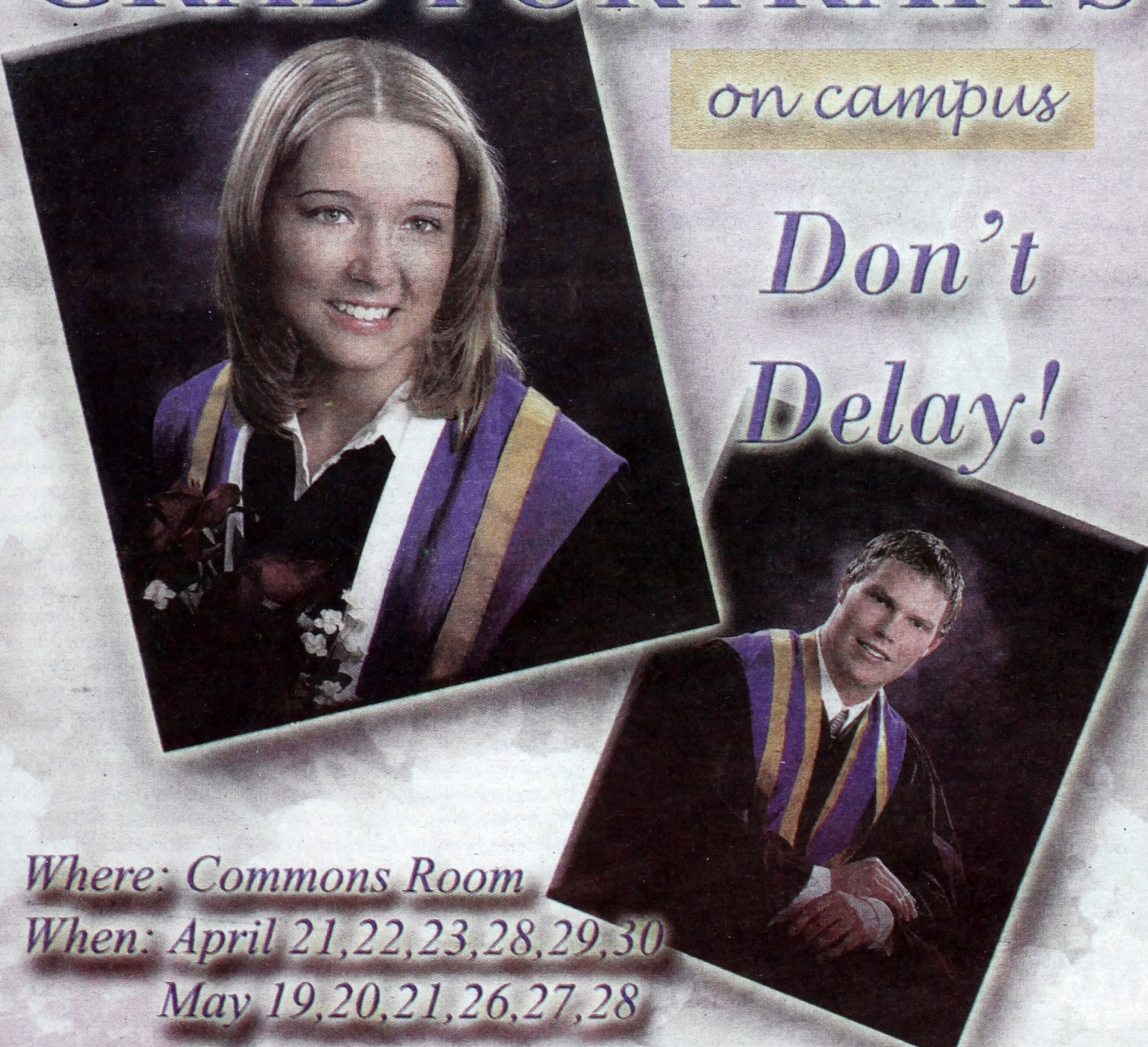
Testing, which is available to everyone, will be available on Mondays and Tuesdays, from 5 to 7 p.m., and on Wednesdays, from 5:30 to 7:30 p.m. Each test, which takes at least 30 minutes, costs \$2.

To schedule an appointment, please contact Simon Côté, human kinetics student, at (705) 524-0729 or edph4006@hotmail.com.

# GRAD PORTRAITS

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# Women's History Page

## Canadian Women's Firsts

**1897** - Clara Brett Martin became the first woman admitted to the bar.

**1916** - Emily Murphy was the first woman appointed as police magistrate.

**1917** - Louise McKinney and Roberta MacAdam became the first women elected to the legislature.  
Helen Gregory MacGill became the first woman judge appointed in British Columbia.

**1921** - Agnes Macphail the first woman elected to the House of Commons.

**1930** - Cairine MacKay Wilson was the first woman appointed to the Senate of Canada.

**1942** - Elizabeth Monk and Suzanne Pilon became first women admitted to the Quebec bar.

**1957** - Ellen Fairclough became the first woman appointed as a minister in a federal cabinet.

**1972** - Rosemary Brown became the first Black woman to be elected to a provincial legislature.

**1980** - Jeanne Sauvé was the first woman appointed as Speaker of the House of Commons.  
- Bertha Wilson became the first woman appointed to the Supreme Court.

**1984** - Jeanne Sauvé became first woman invested as Governor General.

**1989** - Audrey McLaughlin was the first woman elected leader of a national political party.

**1992** - Dr. Roberta Bondar became the first female Canadian astronaut in space.

**1993** Kim Campbell became the first female Prime Minister of Canada.  
- Catherine Callbeck became the first woman elected a provincial premier in P.E.I.

**1999** - Beverley McLachlin appointed Chief Justice of the Supreme Court of Canada.

## A Look Back at the History of Canadian Women

by Kristen Grant-Smith  
Staff Writer

March 8<sup>th</sup> of every year is International Women's Day, but there are many people who do not know the history behind this or Canadian women's history, as it still largely ignored in favour of traditional political and military history. Although there have been attempts to bring it into the classroom, it is difficult for those who have not been taught this to teach. And so, in honour of the day, an examination of its history shall be presented.

International Women's Day finds its roots back in 1910, when Social Democrat Clara Zetkin advocated the implementation of this day in honour of a strike by female factory workers in New York City the previous year. The strike that began March 8<sup>th</sup>, 1909 lasted for three months, and is one of the first examples of large scale demonstrations by women workers. It was originally proposed at the Second International Conference of Socialist Women in Denmark. Two years after the 1975 UN International Women's Year, it was decided to reinstate this day as a day of celebration and a way to have women's voices heard on social issues currently affecting them.

The ability to create a day like this and have it at the forefront is the result of the struggle of countless women to have their voices heard. This first real example of this is the suffrage movement of the late nineteenth century and early twentieth century. This is usually referred to as the first wave of feminism, and would be described by historians as maternal feminism. This brand had two main causes that they campaigned for, suffrage and prohibition. These causes can be traced back to 1874 with the creation of the Women's Christian Temperance Union, which fought for them.

Maternal feminism is the ideology that women should have the vote because they are different then men. It was common thinking in late 19<sup>th</sup> century and early 20<sup>th</sup> century that women were more pious and virtuous then men. Maternal feminists would have argued that because of this, women should be given the vote so they could clean up the corruption in society. Women were denied the federal vote, and despite attempt after attempt, it was not until 1917 that women were first given this right. Prime Minister Robert Borden needed to call an election, and allowing women to vote was a very political move, as it would give Borden favour. This proved to be effective as he was re-elected on October 12, 1917. But not everyone was happy with Borden, as his policy did not allow all women to vote. His policies only permitted close female relatives of those in military service to vote. It is not until the following year that a change to the Dominion Elections Act permitted almost all women to vote. It should be noted that Aboriginal

women were not given the vote until the 1960's.

The provincial vote has a slightly different history. Manitoba was the first province to grant this right to women in 1916. It is not surprising that, with such famous women's activists such as Nellie McClung and Emily Murphy living there, that Alberta was among the first provinces to grant women the vote later that year along with Saskatchewan.

British Columbia and Ontario soon followed in 1917. Nova Scotia and New Brunswick came later in 1918, followed by Prince Edward Island in 1922 and Newfoundland in 1925. The last province to grant women the right to vote was Quebec in 1940.

However, it would be misleading to say that this was the only significant change in the lives of women during the war. The first World War was also the first time that women were called out into the workforce. Women were needed to fill in and help produce the instruments of war so that men would be free to serve overseas. In Quebec and Ontario, there were around 37,000 women who worked in munitions factories. There are various schools of thought with regards to this subject; there are some people who believe that war was emancipating for women, while others feel that the war was simply an example of men using women, because as soon as the war was over, women were expected to return to their roles of wives and mothers.

This continued to remain even more important in the twenties and thirties. Although there were a lot of men coming back from Europe after the war ended in 1918, there were numerous men failing to return. This created a new problem for society as there were now many single mothers, and the question remained as to how would they be taken care of. In reaction to this problem, the Ontario government instituted Mother's Allowance in 1920. This act was primarily geared to widows, and was not meant to encourage having children out of wedlock and divorce. Women given the allowance were placed under scrutiny from the way they kept their homes, to their religious practices, and the way they spent their money. This was a paternalistic attitude that was taken by the government who had essentially taken over the father's authority. The reasoning behind the government policies was primarily based on the fear that the family would exist no longer because of the emergence of the Flapper, and the subsequent behaviour (drinking, smoking, and men) that was considered inappropriate behaviour



by still prevalent Victorian ideology. This led to what historian Margaret Little refers to as moral regulation. The control that recipients were placed under extended even further to their personal life, in which men were expressly forbidden to them for fear of losing their allowance. This fear continued long past the roaring twenties and dirty thirties, and to a lesser extent, into the latter half of the twentieth century.

One of the biggest accomplishments of the 1920's in women's rights was the 1929 Person's Case. The roots of this case started back when Canada's first women magistrate, Emily Murphy, first sat on the Bench of Canada in 1916. Her very authority had been questioned by lawyers appearing before her, on the grounds that she was not a person under the law, and therefore could not sit in judgement. She went about her cases, but this still an issue for her and subsequent judges. Her brother eventually told her that she and four other people could go to the Supreme Court and get an interpretation of a particular point of the British North America Act. So along with Nellie McClung, Louise McKinney, Irene Parlyb and Henrietta Muir Edwards, she did just that. The court found that women weren't persons in April 1928, and so subsequently, the Famous Five — as they have become known — appealed to the Privy Council in England, and in October 1929, women were found to be persons under the law. Although this did not include Asian or Aboriginal women, it was nevertheless a large step towards equality for women.

This is the point where women's history seems to pause as the depression takes effect. One must wonder if the depression had not happened, would it have been so long for other advances in equality to take place? Something to ponder as you stay tuned for part two in this look at Canada's amazing women.

Check Lambda Next  
Week for Part 2 of  
The History of  
Canadian Women.

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# Arts & Entertainment

## A Look Back at Open Mic Night

by Hugh Panelas  
A & E Editor

Once again, the Pub stage was cleared away and the sound equipment was moved in. This time, no expense was spared, as there was a host and a sound tech as well as a rather unique amber lighting system. The atmosphere was set for Laurentian's bravest students to take the stage to entertain a bar full of their peers. And full it was, as 222 people found their way to the tables, only 6 shy of capacity and 6 shy away of having a most annoying line-up.

Bill took to the stage, a man that has now been dubbed "Bill, the Open Mic Guy" and set the standards for the night. His solo act blew the crowd away and had many wondering who was possibly going to follow up this act. Perhaps this is why a man that signed up under the name "Chewy" never took to the stage. Thanks again Chewy for wasting the time-slot. Bill's covers of *Sweet Caroline* and *Last Dance with Mary Jane* set the crowd on fire. Many of them couldn't believe that it was him singing and strumming away on his guitar. I guess they missed the last Open Mic Night. After he left the stage the crowd seemed in awe and after hearing what they had just heard it was no wonder that Bill has his own CD. By the way, that CD is called **HERE AFTER** and can be purchased from Bill. All you have to do is ask. That aside, the crowd was ready for the circus to begin.

In no particular order, this is how the night went and sounded. First, let's start with a group that called themselves **Ground Floor**. While the guitar work and vocals seemed to be in sync, there was one part in particular that was way out in left field, as their drummer seemed to be one step behind the rest. The group did a fantastic job of trying to hide this fact but all in all many people agreed that the overall performance would have been better without the clumsiness of the off-pace banging. And when the drums were confusing, everyone was so quiet that it was almost like they weren't there. It went from bad to good to confusing to just O.K.

The **Smokin' Mojo Filters** returned to Open Mic Night and they seemed to have a few new tricks up their sleeves, as well as a few new songs. The problems that this group ran into weren't their fault at all.



Apparently, the sound tech struggled to get the settings right and the voice of the lead singer was cut off for most of their first song. This group did a great job and the crowd was behind them every step of the way. The only complaint was that the vocals lacked power; to the lead, I say have confidence and belt it out!

One act that stood out in my mind was **David Rawek** and for that matter anyone that has the guts to write and then get up and sing an original song for a crowd of your peers, especially when there is alcohol involved. This guy got up on stage, put the mic to his mouth and just played. I have so much respect for people like this. It takes much more talent to do your own thing. Anyone can get up there and sing a song that they have heard on the radio a thousand times. He was fantastic and should be there for every Open Mic Night.

**PB&J** eventually took the stage, but not before promising something unique. As usual, this threesome had great guitar work but their sound was a little bit off. They ran into some technical difficulties as well, so perhaps this was the source of the problem. Overall they sounded good, but I suggest that, if you are going to play slow methodical songs, play early so the crowd doesn't go to sleep.

Another solo act that was fantastic last time around took the stage. **Jeff King**, minus all the usual piercings, took the stage and the crowd was ready to rock out. Too bad they were knocked out. Here's an idea: don't sing a song that you tried to learn in 24 hours. That way you don't have to apologize to the crowd that is heckling you for stopping in the middle of the song.

He won the crowd back, but anyone that was there last time was banging their heads against the tables as he did it with a song that he sang last time. Very weak. We know this guy has guitar talent, but his vocals were choppy. Maybe that disappeared with his piercings.

The night took a rather interesting turn when **JP** took to the stage. His up-tempo folk style set the crowd on fire but also has a few people wondering, including me. Don't get me wrong, this man was probably the most talented person to take the stage this Open Mic Night — with the exception of Bill of course — but it was his covers that had a few turning their heads. Take for example his cover of *Billie Jean*. Sure, in the creative department, it was very powerful and some people in the crowd loved it. Other people, including myself, are of the opinion that it is not good to mess around with a classic song. One person was quoted as saying, "fiddling around with your car motor can be fun, interesting and creative. On the other hand the car will run like..." well, I am sure you can fill in the last part of that one. **JP** finished strong as he blew us all away with his rendition of *BNL - One Week*. If you think that singing that song is hard enough because of the speed, well, this guy increased the tempo. He was great and should come back.

All in all, I would have to say I was disappointed, as there were many regular acts that didn't perform. Sure, it is good to see new faces on the stage but in all honesty I miss the old ones. There is one more Open Mic Night to get your talents across to the student body, and it is on March 28, 2003. See you then.

## COOKING WITH MAC AND CHEESE

### Psychedelic Fruity Rainbow Spirals

#### Ingredients:

1 Box of Mac and Cheese

2 Bags of Skittles

**Directions:** Make the Mac and Cheese according to the directions on the side of box. Once everything is mixed in, pour in the amount of Skittles you want. (the fruitier, the better). this is where it gets tricky. Only stir the skittles in enough to swirl the colours throughout. If you overstir you will get a shitty brown colour and will have to start from scratch.

This meal covers three of the four food groups because remember... purple is a fruit! You must be warned though, looking at the Fruity Psychedelic Rainbow Spirals for prolonged periods of time while under the influence of any type of hallucinogen may cause the same type of addiction as the Trix Rabbit.

### Extra Cheesy Lasagna

#### Ingredients:

2 Boxes of Mac and Cheese

1 lb Ground Beef

Canned Tomatoes

Grated Mozzarella Cheese

Cottage Cheese

**Directions:** Make the Mac and Cheese according to the directions on the side of box. Brown the ground beef in a frying pan at the same time. Take a lasagna cooking pan and spray it with a non-stick cooking spray (or lick it, it has the same effect). Pour a layer of Mac and Cheese across the bottom of the pan, then a layer of the ground beef (make sure to drain the fat first). Place a thin layer of cottage cheese, the layer the tomatoes mixed with the remaining beef. Cover it with the remaining Mac and Cheese and sprinkle the mozzarella cheese over the top for the extra cheesiness.

Beke in the oven at 325 for approx. 15-20 minutes or until it starts to burn (take out before this happens!) Let it cool before serving and enjoy.

For vegetarians you can substitute any vegetable for the ground beef. We recommend orange M&Ms.

## The Pub Downunder



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## WrestleMania XIX Predictions

by Hugh Panelas  
Entertainment Editor

Well, the big dance is just around the corner and the WWE has finally released the final card for this year's WrestleMania. Rather than bore you with a bunch of different internet rumors, I'm just going to give it to you in black and white. Here's what I think will happen this time around:

### Triple H vs. Booker T

Triple H will win this match but Booker T will come close on many occasions. Ric Flair will of course play a very significant role in the match. Booker will not win the title because there is no way a WCW star will get the title from a WWE franchise player at WrestleMania. That and simply because Booker T has pinned Triple H two times on RAW. However, look for the Game to drop the title the next night on RAW during the rematch.

### Kurt Angle vs. Brock Lesnar

Anyone that has been following SmackDown must know that Angle needs to have neck surgery and will be out for about a year. He will lose the title but not by pinfall. Remember, Stephanie said this past week that he can forfeit the championship by DQ or count out. That's what will happen. After Kurt is gone, look for Eric to take his place.

### Steve Austin vs. The Rock

First of all, who cares? It's been done twice already and no one cares about wrestlers that come and go as they please. The Rock will not

win this match because I am sure that Austin has told the WWE that if he loses to the Rock, he will quit and go home again. The real bad part is that the loser of this match will most likely be bringing Goldberg to RAW the next week.

### Shawn Michaels vs. Chris Jericho

This will be the match of the card and I hope that your VCRs are set to record. Both guys are going to put their bodies on the line to try and get the fans into the night. You're going to see stuff that will make you remember the first time that these two locked up. Jericho will win but it is going to start a big relationship; look for Michaels to begin managing Jericho after this match.

### Team Angle vs. Los Guerreros vs. Rhyno and Chris Benoit

This one isn't as clear-cut as I would like it to be. I honestly believe that Eddie and Chavo will walk away with the gold. Team Angle will follow their leader in losing their gold and Rhyno is only with Benoit until he gets in shape to do a full match again by himself since coming back from injury. He is also learning how to hold the main event status from working with Benoit.

### Matt Hardy vs. Rey Mysterio

Matt will win this hard-fought battle but will not walk away with the title. It will be announced that Matt is over the weight limit so either Rey will get the title by forfeit or there will be a tournament for the title on SmackDown.

### Victoria vs. Trish vs. Jazz

This one will be a good match, with lots of hard bumps and hair pulling. However, I really don't care because only Jazz and Victoria are good wrestlers. That should be the match. Victoria will win, somehow.

### Chief Morley and Lance Storm vs. Kane and RVD

Kane and RVD will win the titles because of the Dudley Boyz. What is a WrestleMania with out D'Von and Bubba? Again, look for the titles to change hands the next night on RAW. Also, an appearance from a not-so-injured William Regal will be the event that sparks the Dudley's attention.

### Undertaker and Nathan Jones vs. A-Train and Big Show

Nathan Jones once said that he was going with the Undertaker because he is the biggest dog in the yard. He is also in the ring with the other two big dogs of the SmackDown roster. Notice something? I sure do. Here's what will happen: he will attack the Undertaker and take him out, then he will pretend to be with A-Train and Big Show. Just when everyone thinks it's safe, BOOM! He will take out everyone and leave the ring as the only monster on the SmackDown roster.

Well, everyone, there you have it. I know I am right so bring this article with you to watch WrestleMania so that you can see how right I am.

## Your Weekly Horoscopes

### AQUARIUS (Jan. 20—Feb. 18)

A recent financial loss will be recovered within the next two weeks. A close friend will ask to borrow the funds, but refuse him/her, or your loss will be permanent. To avoid further begging, smack him/her with a wet sock containing two billiard balls—the eight ball and the six ball. Expect the sock to be stretched and unwearable.

### PISCES (Feb. 19—Mar. 19)

You will soon become the center of attention amongst your classmates. Sadly, the attention is coming from a t-shirt you choose to wear which reads "I'm at the top of the cool chain." You thought it was cool when you bought it. Burn it when you realize your mistake. Never buy clothes from "Wal-Mart" again.

### ARIES (Mar. 21—Apr. 19)

You will see a tall bearded man walking along the side of the road and carrying a briefcase. Don't talk to him or make eye contact, though. He is a Bible salesman, which is fine, except that he uses the profits for unholy means.

### TAURUS (Apr. 20—May 20)

There is a problem in your personal life that you don't feel comfortable discussing with anyone. The Bible salesman mentioned in ARIES will be able to help you. Travel to the road of the high plain and seek him out.

### GEMINI (May 21—Jun. 21)

Prepare for a great success in the upcoming week. Enveloped in a luminous cloak of gaiety and mystical charm, and you will feel as if nothing can harm you. Take heed, as you are wrong. VIRGO involved.

### CANCER (Jun. 22—Jul. 22)

The quarrel with a loved one that you are involved with will come to an end, for better or for worse. Any ill will wished towards this person will come back to haunt you. Kill them with kindness.

### LEO (Jul. 23—Aug. 22)

You are a lover of animals, but not for much longer. Be prepared for an attack by a rabid pet. The outcome of this mauling is cloudy, but amputation will likely be involved. Intimate encounter with LIBRA is likely this week.

### VIRGO (Aug. 23—Sep. 22)

In a tragic accident, you will unfortunately be the cause of manslaughter. While talking to your friend in the backseat, you mow down a drifter with a briefcase. Bibles will be thrown everywhere. Try to avoid driving.

### LIBRA (Sep. 23—Oct. 22)

During an upcoming intimate engagement with your significant other, you will notice a slight foaming at the mouth. Beware of your now one-armed lover, as they have been stricken with hydrophobia. Watch out for LEO.

SCORPIO (Oct. 23—Nov. 21) You have been working too much lately. In order to avoid burn out, toss a fresh bag of buttery popcorn in the microwave and pop in your favorite movie, "My Giant." Let the comedic styling of Billy Crystal ease your tensions.

### SAGITTARIUS (Nov. 22—Dec. 21)

You will have trouble concentrating in your room this week because of the noise from next door. Your neighbor is watching some "Giant" movie with some foreign basketball player named Muresan. Put on some headphones, or the sound track might take you straight to a "D" in your early morning class.

### CAPRICORN (Dec. 22—Jan. 19)

Watch out for your SCORPIO professor. Before the week is out, you will receive a pop quiz over a subject that hasn't even been breached in any lectures or reading. It has something to do with "My Giant." Be vague with all of your essay answers and go for partial credit.

## And You Thought Your Name Was Screwed Up Before

Children laugh 146 times a day, adults laugh only 4 times a day.....no wonder we're so unhappy. Sometimes when we have a stressful day or week, we need some silliness to break up the day. Here is your dose... Follow the instructions and find your new name!!

The following in an excerpt from a children's book, "Captain Underpants and the Perilous Plot of Professor Poopypants" by Dave Pilkey. The evil Professor forces everyone to assume new names...

Use the third letter of your first name to determine your New first name:

a = poopsie	j = stinky	s = snotty
b = lumpy	k = flunky	t = tulefel
c = buttercup	l = boobie	u = dorkey
d = gidget	m = pinky	v = squeezit
e = crusty	n = zippy	w = oprah
f = greasy	o = goober	x = skipper
g = fluffy	p = doofus	y = dinky
h = cheeseball	q = slimy	z = zsa-zsa
i = chim-chim	r = loopy	

Use the second letter of your last name to determine the first half of your new last name:

a = apple	j = monkey	s = pizza
b = toilet	k = potty	t = gerbil
c = giggle	l = liver	u = chicken
d = burger	m = banana	v = pickle
e = girdle	n = rhino	w = chuckle
f = barf	o = bubble	x = tofu
g = lizard	p = hamster	y = gorilla
h = waffle	q = toad	z = stinker
i = cootie	r = gizzard	

Use the fourth letter of your last name to determine the second half of your new last name:

a = head	j = honker	s = fanny
b = mouth	k = butt	t = sniffer
c = face	l = brain	u = sprinkles
d = nose	m = tushie	v = kisser
e = tush	n = chunks	w = squirt
f = breath	o = hiney	x = humperdinck
g = pants	p = biscuits	y = brains
h = shorts	q = toes	z = juice
i = lips	r = buns	

For example, George W. Bush's new name is Goober Chickenshorts. Here's a list of the new Lambda staff names:

- Tulefel Waffle-Tushie
- Fluffy Apple-Tush
- Buttercup Gerbil-Squirt
- Tulefel Girdle-Sniffer
- Chim-Chim Gizzard-Chunks

And congratulations to the new SGA Executive Members:

- Chim-Chim Monkey-Sniffer
- Dinky Girdle-Butt
- Poopsie Chunks-Tush

Remember that children laugh an average of 146 times a day; adults laugh an average of 4 times a day. Put more laughter in your life!!!

FunnySign.com





## Tears Of The Sun

by Mat Thompson  
Editor-In-Chief

With war breaking out in the middle east, a lot of people seem a little leery about going to the movies to see a war movie. Theatres and studios are pulling any movie that has to do with war, and release dates are being pushed back since they think that people don't want to see anything to do with war. Too bad every second on television and radio is spent talking about it and newspapers are filling their pages with every move the U.S. makes towards Saddam. So what better way to get away from the reality of war then going to see a fictional account of war starring Bruce Willis? Hey, it's better than a rotting banana in your sock drawer!

Tears of the Sun is a very interesting movie as it connects the action of typical war movies with the reality of the war movies released within the last few years, such as Black Hawk Down, Saving Private Ryan, and We Were Soldiers. The movie is a fictional account, but the realism will make you sit up and take notice.

The plot of the movie is simple. Bruce Willis is sent into the jungles of Nigeria with his Navy SEAL outfit on a mission to extract an American volunteer doctor from the danger zone along with two nuns and a priest (sounds like a joke I heard once). Of course, the doctor won't leave the people she is caring for and Bruce won't disobey his primary directive.

The SEAL team finally ends up marching a group of African refugees through the jungle to try to reach Cameroon, a free area. The only problem with this is not only that Willis' character is an emotionless soldier, but also there is an army of African soldiers on their trail destroying villages and people as they go.

Finally, after a few bad trips to the silver screen, Bruce Willis has another memorable hit on his hands. It may not be as big as Die Hard or the record-breaking smash Blind Date, but this is a movie that you can't come away from without being affected in some manner.

Willis' character, known affectionately as LT, is a soldier at



I'm Bruce Willis Dammit... Get Me a Rotting Banana!

heart and you can see it in his stone-cold stare that he will always finish a mission no matter what the cost. He shows little or no emotion for most of the movie, only caring for the prime directive. He does begin to slowly crack when caring for the refugees, but it isn't until they come across a village being slaughtered and raped one by one by a small army that he turns into a mix between Robocop and GI Joe.

His performance is great as most of his work is done through action and facial expressions. This is the type of role that has to have the emotions of the actor in it or else it doesn't work. You would almost bet that he was brought up an army brat by the way he comes across.

The rest of the cast is a mix of unknown actors, or soon-to-be stars as they would like to be known. Monica Bellucci plays the doctor pretty well considering she quickly becomes a minor character and set dressing by the middle part of the movie. One interesting casting choice was Eamonn Walker as SEAL team member Z. Many may recognize Eamonn as Kereem Said on the hit HBO series OZ, but in Tears of the Sun, he plays a strong yet passionate right hand man to Bruce Willis, a different turn from his character on Oz.

I think the main draw to this movie is the aspect of the journey to freedom. The soldiers and military itself are shown as uncaring individuals who are only out to protect their own, then one breaks free and decides to protect the innocent. Unlike a lot of other war movies, there is a goal and an outcome in mind, as long as they can

get themselves there. Within a lot of movies, it is just the survival of the platoon or outfit that you are worried about, but this movie changes that and makes you care about the refugees first, then you begin to care about the SEAL team as they begin to show their human side.

One word of warning about this movie is it has some pretty graphic scenes. The brutal murders of many innocent people is shown, and not in a Hollywood way. The true violence and brutality of war is laid out right on the screen as if forcing you to make a choice right there if you support or renounce war.

I don't think the movie would have had such an impact without most of the scenes, but sitting there, watching a woman die after being raped and mutilated is a hard thing to stomach. You hear about this type of thing in the news, but you really can't imagine what it looks like until it is right there in front of you. Anyone with a weak stomach may want to see if the new Pokemon movie is out as you may not be able to make it through a few of the scenes.

Overall, I think this is one of the best movies I have seen in a while, and probably one of the best war movies of the last few years. It was a moving story with great action and characters, and enough realism to make you sit up and take notice without overdoing it. The movie takes you inside the hell that is war and you can eat a cinnamon covered pretzel while you watch. This is a definite must-see for any fan of war movies, or Bruce.

## The Diary of RabidSquirrel

Thursday, March 20, 2003

### The "All-Out War" Special No Longer Comes With a Side Order of Toast When Bagels are Needlessly Ruined, No Appliance is Truly Innocent

After it burned my bread a record 158 times in a row, I finally sat down, faced the facts, and accepted the inevitable.

I declared war on my toaster.

That's right, ladies and gentlemen, Operation: Jam a Fork in the Toaster's Grill has begun. Hey, it was Oppressing my Breakfast, what could I do?

The Floating Head of Zog tried warning me that Operation: Jam a Fork in the Toaster's Grill is probably an ill-conceived idea, but I suspect that he secretly sympathizes with this evil breakfast terrorist. So in the interests of Apartmental Security, I shoved him in a broom closet and force-fed him Traitor Bacon. Incidentally, desiring Traitor Bacon is in itself traitorous. You know who you are, filthy Traitor Bacon-desiring traitors.

So far, the war effort doesn't seem to be all that promising. The Psychic Eyeball has loudly been doing a play-by-play of my planning stages, and I fear that he may have tipped off my breakfast-mangling, aluminum-plated, nuclear-powered arch-nemesis with his vaguely amusing and highly informative banter. I must remember to liquidate him later in the further interests of Apartmental Security, and also because he keeps stealing my Gas-Powered Pencil of Extreme Justice #2, which is neither gas-powered, nor is it filled with extreme justice (hint: it's filled with lead).

I've decided to soften up the evil Kitchen Dictator by lobbing small, furry woodland animals at it, you know, to shake it up a bit. Sadly, it appears as though my pre-offensive offensive has backfired, as said small, furry woodland animals have banded together and have formed a pro-breakfast, anti-war coalition. Ordinarily, this wouldn't bother me overmuch, especially when you consider that The Psychic Eyeball routinely stages "Fill RabidSquirrel's Apartment With Random Amounts of Small Furry Woodland Animals Night". Unfortunately, the bulk of the Pro-Breakfast, Anti-War Coalition's strategy seems to consist of eating all my bagels, and chanting such irritating anti-war songs as "Hey hey, ho ho, that warmongering and yet devastatingly handsome Rabidsquirrel who also happens to have impeccable taste in electric footwear has to go". Bah.□

I've also decided to galvanize my war effort by hopping on the "change everything with the word French in it to Freedom, as in the insanely ridiculous 'Freedom Fries' " bandwagon, mainly because I know that my toaster will be highly irritated when I loudly use the term "Freedom Toast" while I holler at it with a megaphone in the vain hopes of demoralizing it. I might finally be able to get this whole thing underway, as soon as The Psychic Eyeball stops Freedom Kissing the Freedom Maid - who I suspect was actually a Dirty Freedom Whore, since the apartment is still as filthy as a Freedom's behind -- and gets back to doing his Freedom Homework, and explaining why the hell there were Freedom-Cut Panties in his soup. Freedom freedom freedom freedom freedom.

And to make things worse, a Freedom Poodle just crapped on my lawn. This is going to complicate things.

Updates on the Effort to Liberate The Breakfast Nook From Oppression will be forthcoming.

[www.Xanga.com/RabidSquirrel](http://www.Xanga.com/RabidSquirrel)

## Publishers Send Free Magazines to Awe Troops

YahooNews.com

U.S. troops in Iraq will soon be able to adorn their quarters with the 21st Century's answer to World War II pin-ups, as the publisher of Maxim and Stuff ships free copies of the men's lifestyle magazines to their mailboxes.

Dennis Publishing said it hopes its scantily clad cover models will help U.S. soldiers endure war in the same way the curvy girls drawn by Peruvian-born artist Alberto Vargas became one of the biggest morale-boosters among servicemen in the 1940's.

Dennis Publishing said on Tuesday it is shipping 15,000 free

copies of Maxim, Stuff and its musical magazine Blender to 40 different military tent sites across Kuwait, Jordan, Qatar, Afghanistan and Oman.

Meanwhile Time Inc.'s Sports Illustrated is also making arrangements to send copies of its two latest issues on college basketball and baseball to soldiers in Iraq and surrounding areas.

"We are trying to get between 3,000 and 5,000 copies sent over," a spokesman for the magazine said. Another Time Inc. favorite, celebrity magazine People, could follow.

Playboy Enterprises Inc. will not send copies of its legendary

namesake magazine to the front. Instead, the company plans to set up an e-mail address where U.S. servicemen around the world can sign up to receive non-nude pictures and a message from the famed Playmates.

Publishers are also reaching to the G.I. Janes.

Long before the war started, Hearst Corp. sent issues of its Marie Claire magazine along with skin care products to a dozen of female soldiers in the front after receiving a letter from them asking for some entertainment material.

The publisher said it will also be shipping copies of its Good Housekeeping title soon







## Daredevil – The Album

So some people loved the movie and others hated it. Well, as a *Daredevil* fan, I loved the movie, but wasn't too thrilled by the soundtrack. Sure, it is packed with great artists, but there really aren't too many great songs that stand out. The other thing is that I have seen the movie four times and most of these songs are new to me, as they were never really heard in the movie.

The album is a great collection of rock bands like **Fuel**, **Saliva**, **Seether**, **Nickelback**, **Chevelle**, **Hoobastank** and more, but the tracks seem like B-sides that they didn't know what else to do with. There is a bit of a break from the rock edge with **Moby**, **Nappy Roots** and **Evanescence**, but the overall tone is pretty hard.

The only two songs that really stand out are *Sad Exchange* by **Finger Eleven** and *The Man Without Fear* by **Drowning Pool**, feat. **Rob Zombie**. These two tracks seem to have the little something extra about them that make you actually want to listen to them.

*Daredevil, The Movie*... go see it. *Daredevil, The Album*... save the money and go see the movie again. What would you rather spend money on, middle of the road rock, or Jennifer Garner kicking serious ass? Exactly. The choice is easy!

ELTON JOHN  
GREATEST HITS  
1970-2002



## Elton John – Greatest Hits

All I can say is WOW! This has to be the greatest collection on two discs that I have ever seen. If you are in any way a fan of **Elton John** then this is the album for you. This is a jam-packed collection of probably everything the man released as a single in the last 32 years. I forgot how many great songs Elton has recorded until I got this album.

You could sit down and listen to this album without ever having to jump tracks because you don't know specific songs. The album starts off huge and gets bigger as you go. *Your Song*, *Levon*, *Tiny Dancer* (my personal favorite), *Rocket Man*, *Crocodile Rock*, *Daniel*, *Saturday Night's Alright For Fighting*, *Goodbye Yellow Brick Road*, *Candle in the Wind* (the real version), *I Guess That's why They Call it the Blues* and *This Train Don't Stop There Anymore* are just a few of the songs you get on this album.

I really don't know what else I can say. The songs speak for themselves. **Elton John** is a master at what he does and this collection proves that. Everyone has at least one favorite **Elton John** song, and this album gives you 33 others to listen to along with that one. This is a must have.



## We're a Happy Family – A Tribute to the Ramones

After the last few years of punk rising to the top of the pack, they finally decided to get a bunch of up and coming bands as well as established acts to pay tribute to one of the greatest punk acts around... **The Ramones**.

Of course when I say up and coming stars, I mean people like **Red Hot Chili Peppers**, **Rob Zombie**, **Eddie Vedder**, **Metallica**, **U2**, **KISS**, **Marilyn Manson**, **Garbage**, **Green Day**, **The Offspring** and more. Some do a great job at playing **The Ramones** music as it should be, and others made the songs their own, almost taking away from the legendary punk sound that was **The Ramones**.

I don't know too many people who liked this album right away, but once you listen to it a few times, it really grows on you. The first track *Havana Affair* by **RHCP** makes you think the album really won't show off the songs of **The Ramones** since it just sounds like any other Peppers song, but once the song ends and **Rob Zombie** comes blasting out of your stereo with *Blitzkrieg Bop*, you know you have something interesting in your hands.

Most of the songs have that older, basement studio quality that gives the album that extra underground punk feeling to it. Some of the songs are so dead-on you would almost think it was still the Ramones playing them. *Do You Remember Rock and Roll Radio* by **KISS** and *The KKK Took My Baby Away* by **Marilyn Manson** are great tracks really holding the album together with their own classic renditions of the songs.

Anyone picking up this album will want to see who's singing *I Wanna Be Sedated*, one of the most popular **Ramones** tracks. Some will be a little shocked that **The Offspring** were given this task, but once you hear it you will be impressed. The band takes to the song like pros, sounding more like **The Ramones** than their own strange sound.

The album also includes **The Pretenders**, **Rancid**, **Pete Dinklage**, **Rooney**, **Tom Waits** and **Zeke**, a great collection of acts from all different genres paying tribute to one of the first acts to be immortalized on *The Simpsons* as themselves.

The album was also co-produced by **Zombie** and **Johnny Ramone**. Punk fans should see this album as a great tribute to the roots of the sound while others may see it as an introduction to more **Ramones** songs than just *Sedated*. Definitely worth checking out.



## Everclear – Slow Motion Daydream

It's been a while since **Everclear** released a really good album, but with *Slow Motion Daydream* they have come back to the forefront hard and fast. The sound is classic **Everclear** and has that distinctive, almost goofy alternative edge that defines their music.

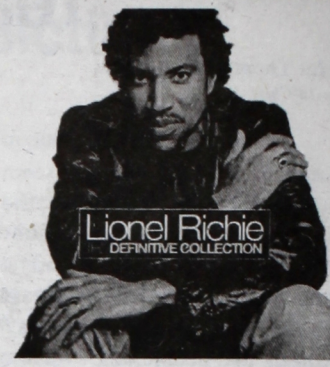
The first single from the album, *Volvo Driving Soccer Mom*, was released almost a month before the album, making fans sit and wait to finally pick up the album to see if it was as good as the single. It was definitely worth the wait. The songs are all instant **Everclear** classics, each one memorable in its own way.

The album features eleven tracks, most of which are fast-paced, fun songs. Tracks like *How To Win Friends and Influence People*, *I Want to Die a Beautiful Death*, *TV Show* and others all fit nicely along with *Soccer Moms* on the album. The entire album is an upbeat, fun collection that doesn't take itself too seriously.

One track that really stands out is *Chrysanthemum*, a slower track that sounds like a dream. It has this ethereal rock quality to it, taking you to another place in your mind. The case for the CD has a hypnotic swirl all over it which messes with your eyes, and this song seems to be written from that graphic. You have to look at the CD cover while listening to this song and you will be hypnotized by both the sounds and the picture. The song is less than two minutes long, but probably one of the best on the CD.

Another song that I just love is the track *Sunshine (That Acid Summer)*. Anyone who spent a summer with their friends, wasted beyond belief every day will love this track. "That Acid Summer... We were wasted and happy, we were laughing in the sunshine." The song is like a soundtrack to any camping trip, beach party, late night bonfire or anything else we used to do every summer before anything mattered. Hopefully this will be the next single that **Everclear** releases.

I know a lot of fans have turned away from **Everclear** ever since *AM Radio*, but this album really turns the band around in the right direction. They still have that goofy, fun sound, but there is more of an alternative rock edge to it that will bring back the early appeal of the band. *Slow Motion Daydream* is one **Everclear**'s best albums to date... and the video for *Volvo Driving Soccer Moms* clinches it. You have to get this album!



## Lionel Richie – The Definitive Collection

I used to make fun of **Lionel Richie** when I was young. I remember turning on the daily video show to see the latest music videos with my older sister (who used to tell me who was cool and who wasn't) and every few days there he'd be, *Dancing on the Ceiling* or stalking that blind girl in the *Hello* video. I couldn't stand him... until now.

Actually, it was about eight or nine years ago now when I picked up the CD single *Easy* by **Faith No More** and found out it was an old **Commodores** song. Of course **The Commodores** were just some old band that I had never listened to, but I had to find the original. When I finally did, I was shocked to know that it was **Lionel Richie**. He gained my respect that day.

*The Definitive Collection* is an amazing collection released a few months back that contains twenty of his best songs, including two new songs, proving that he still has it. The thing about **Lionel Richie** is he isn't mainstream anymore, but he is legendary. Just try and find someone today that has the soul and talent of **Lionel Richie**. It's hard to find. The man has such power and depth. His slow songs are head and shoulders above anything released within the last ten years.

The album contains all the classic **Lionel Richie** songs that used to cause me to change the station. *Hello*, *Running With the Night*, *All Night Long*, *Dancing on the Ceiling*, *Do It To Me*, *Say You Say Me* and so many others. This is a definitive collection of not just **Lionel Richie**, but of some of the best slow jams ever recorded.

The best addition to this collection are the four tracks recorded with **The Commodores**. *Just to be Close to You*, *Three Time a Lady* (not *Fee Tymes a Mady*), *Still* and the classic *Easy* are all here. You want old school, this is old school soul. These songs defined a generation and still hold just as much power and emotion.

The album also comes with a bonus disc containing two more **Commodores** tracks: *Oh No* and the unreleased track *Zoom*. It also contains a new track, *Can't Slow Down*, from his upcoming album and the 1998 single *Lady*.

I know a lot of you think I am crazy for loving this album, but once you get beyond liking what's popular and listening to what's great, you will appreciate this album. You can't just buy this album and like it. You have to listen and appreciate it. There is no better name for this album other than *The Definitive Collection*.

## WIN CASH FOR YOUR BAD ESSAYS!!!

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Here are the rules:

- It must be the original essay with the professors markings on it. We want to see what they said
- It must be an essay handed in for a class here at Laurentian University
- You must put your name, phone number and student number on it.
- Two essays per person

(if you have any more than that, you have a problem!)

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